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Areti Spinoula is a grade A EEP member of the Italian Language and Literature Department of the National and Kapodistrian University of Athens. She received her bachelor's degree from the Aristotle University of Thessaloniki and completed a Communication Master's program in CAM Foundation England. She then acquired a PhD title from the Italian Language and Literature Department of the National Kapodistrian University of Athens and is presenting, since 2004, the Italian Language course. Her academic interests lie in the field of language and literature, pursuing linguistic research through the breakdown of literary works. She has participated in conferences on both national and international level and has authored two books (La 'Lingua attraverso i Racconti 1!' and 'La Lingua attraverso i Racconti 2!') concerning language learning through literature.